Fact Sheet

Inspired Care... Enriching Lives... Together

Younger Onset Dementia Social Support Services

We provide a coordinated approach to monitor health and well-being for people under 65 who have dementia or at risk of dementia. We also provide support for their carers and family. The program is designed to facilitate social participation independence and quality of life. Through a holistic person centered approach this is achieved through early intervention. The program will also support community involvement and social interaction.

The service will provide a social program within a café style environment in partnership with Terrigal Uniting Community Centre.

The aim

The aim is a coordinated individual focus in regards to social & lifestyle support. This helps maintain a sense of belonging and wellbeing for all involved.

How do I become involved?

You can access the service by calling **(02) 4333 9142** or through Carelink on **1800 052 222**

Do I need a referral?

Referrals can be made by anyone including yourself.

What types of support can be provided?

- Social program in a café style environment.
- Guest speakers on topics of interest.
- Health and wellbeing monitoring.
- Life planning support.
- Leisure and learning activities.
- Family/carer support including support for children.

What are the costs?

An affordable fee for the service applies which can be negotiated with the Coordinator. People who may feel financially disadvantaged are not excluded from receiving services, and should discuss this matter with the Coordinator.

Can I have an advocate?

An advocate of your choice is welcome at all meetings. If you require an advocate, we can recommend an advocacy service or will contact the advocate/ advocacy service of your choice.

This activity was funded by the Australian Government and the NSW Department of Ageing, Disability and Home Care

Hunter, Central Coast and New England
T (02) 4943 6077 **W** www.uchunter.org.au

UnitingCare Ageing