



Inspired Care... Enriching Lives... Together

## *Extended Aged Care at Home Packages (EACH)*

Extended Aged Care at Home (EACH) packages are individually planned and coordinated packages of care. We work in partnership with people who have high care needs to live alone or with a carer and who need help with day to day living. The aim of the program is to ensure you remain as independent as possible.

### **How do I get one?**

To be eligible to receive an EACH Package, your needs must first be assessed by an Aged Care Assessment Team (ACAT) member, and established as requiring a high level of care. If EACH packages are available in your area, you have been assessed as requiring high level care, and expressed a preference to be cared for at home, then you may be offered an EACH package.

### **Do I need a referral?**

Yes. You must be referred by the ACAT Assessment team to receive an EACH package.

### **What types of care can be provided?**

- Domestic assistance and support
- Health monitoring/ specialized nursing care
- Medication monitoring
- Support with pain management
- Respite for carers
- Transport to appointments
- Continence management/ advice
- Assistance with Personal Hygiene
- Support with pressure area care
- Assistance with preparation of meals
- Wound Management advice
- Advocacy referral

### **What are the costs?**

An affordable fee for services applies. We will discuss fees with you and your family or representative, and explain any monies you may be required to pay as recommended by the Commonwealth Government. People who may feel financially disadvantaged are not excluded from receiving services, and should discuss this matter with a Case Manager.

### **Is there emergency support?**

Yes. A support person is on call 24 hours a day, 7 days a week.

### **Can I have an advocate?**

An advocate of your choice is welcome. If you require an advocate, we can recommend an advocacy service or will contact the advocate/ advocacy service of your choice.