



Inspired Care... Enriching Lives... Together

Koombahla (Elernmore Vale)

Koombahla, meaning 'gum trees', is UnitingCare Ageing Hunter, Central Coast & New England's newest facility, opened in November 2007. The facility is situated on Lake Road, Elernmore Vale, and offers an extensive range of services and state-of-the-art finishing's amongst a bushland backdrop. The facility is home to 108 residents, with 64 requiring high care, and the remaining 44 needing low care.

Koombahla offers both high and low care, whilst also containing an array of activity outlets. The facility prides itself on the health and lifestyle programs it has implemented to assist with the health and well-being of their residents. With a variety of groups, games, concerts and activities, the staff at Koombahla like to encourage the residents to become social and involved. The 'Staying Active' Program is also popular with residents, which involves light, individually planned exercise or movements to keep them healthy.

The accommodation is modern and spacious, with each resident having a single or double bedroom. Each bedroom has an ensuite with handrails, an emergency call system, air conditioning, LCD flat screen television and built-in wardrobe, all within a secure building.

What types of services are provided?

- Physical Therapy Nurse
- Open visiting hours
- Podiatrist
- Special menus with meal choices
- Facility GP
- Hair and beauty salon
- Pastoral care support
- Foot care
- Church services
- Onsite café

What are some of the lifestyle features of the facility?

- Lounge areas for movies
- Equipped kitchenettes
- Games and walking group
- BBQ and outdoor areas
- Weekly activities (bus trips, shopping etc)
- Pet therapy: Delta Pet Therapy visitors
- Vegetable and flower gardens
- Library with computer access
- Staying Active Program
- Pool table
- Private rooms for family visits
- Concerts
- Craft

How do I apply for this facility?

Please contact the Hunter Accommodation Coordinator on (02) 4943 6077.

How do I contact the facility?

Koombahla's phone number is **(02) 4979 8900** or you can email koombahla@uchunter.org.au