



Inspired Care... Enriching Lives... Together

## *Alblas Lodge (Tamworth)*

Set within the close-knit community of St Andrew's Village, Alblas Lodge is a spacious facility with a warm and friendly atmosphere, yet central location being approximately 1km to the CBD. The facility is home to 60 residents, with one section dedicated to support people with dementia.

Alblas Lodge is a low care facility offering ageing-in-place and respite services, and provides a spacious and inviting air conditioned home for residents with many accessible outside areas to relax in. With the assistance and support of the community, residents are encouraged to continue to participate in community life by attending concerts held in the local community hall and significant local events such as the Tamworth Music Festival and show. The facility runs a monthly café service for residents and their families to enjoy.

The accommodation is spacious, with each resident having their own single bedroom. Each bedroom has an ensuite with handrails, an emergency call system, air conditioning, access to pay tv, picture rails and built-in wardrobe, all within a secure building.

Alblas Lodge is part of an integrated campus which includes a nursing home, self care village and community care services, therefore allowing UnitingCare Ageing to attend to the individual needs of every resident despite their care requirements.

### **What types of services are provided?**

- Visiting Physiotherapist
- Open visiting hours
- Visiting Podiatrist
- Special menus with meal choices
- Hair and beauty salon
- Pastoral care support
- Foot care
- Church services

### **What are some of the lifestyle features of the facility?**

- Lounge areas for movies
- Equipped kitchenettes
- Games and competitions (bingo, quizzes etc)
- Family BBQ's
- Activities (bus trips, shopping etc)
- Pet therapy- regular visits from animal friends
- Links to campus activities with the self care village and nursing home.
- Library
- Chapel
- Canteen kiosk
- Craft
- Concerts
- Community Visitor Scheme

### **How do I apply for this facility?**

Please contact the Tamworth Accommodation Coordinator on (02) 6761 2007.

### **How do I contact the facility?**

Alblas Lodge's phone number is **(02) 6761 2007** or you can email [vicki.simpson@uchunter.org.au](mailto:vicki.simpson@uchunter.org.au)