

In-Home Respite Service



Inspired Care... Enriching Lives... Together

What is the In-Home Respite Service?

The In-Home Respite Service is designed to support the health and wellbeing of carers and care recipients through the provision of flexible and responsive services in their homes. The service aims to provide relief and support to carers to enable them to continue in their caring role. Respite may include a regular planned visit or occasional planned visit for a special function or event.

Who Can Access the Service?

Carers of people who are frail aged or have a moderate to severe disability. Carers or care recipients must live in one of the following Local Government Areas:

- Hunters Hill
- Lane Cove
- Mosman
- North Sydney
- Ryde
- Willoughby

How do I contact the Service Coordinator?

Contact the Service Coordinator to discuss your situation and find out more about our services via:

T: (02) 9468 5955

F: (02) 9468 5988

E: ccadmin@nsr.unitingcare.org.au

How much does the service cost?

The Service Coordinator will discuss an affordable contribution with you prior to the service starting. People will not be excluded from this service due to an inability to pay.

Interpreting Services

Our In-Home Respite Service has access to both face-to-face and telephone interpreters to help us communicate better with you. To make an initial contact with us, you can call the Health Care Interpreter Service on (02) 9840 3456. This service is available 24 hours, 7 days a week.

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Northern Sydney Region

T 1800 665 966

E information@nsr.unitingcare.org.au

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